

**September 14th is the feast day of the Exaltation of the Holy Cross, also known as the Triumph of the Cross or the Elevation of the Cross.**

This is the day the Church celebrates both the discovery and the recovery of the true cross of Jesus Christ. There is a very interesting historical account surrounding this ancient feast day. The Roman Emperor Constantine's mother, St. Helena, went on a pilgrimage to the Holy Land to locate where important events in the life of Jesus Christ occurred, and to preserve the relics of the Christian faith that remained there. One of her goals was to find the place of Jesus' crucifixion and the very cross on which he was hung. Through interviewing many locals, and with the assistance of the Bishop of Jerusalem, St. Macarius, she discovered the spot and found the true cross which had been previously hidden by the Jews. According to the historian Rufinus, the identity of the true cross was confirmed by a miraculous healing after St. Macarius recited this prayer:

"O Lord, who by the Passion of Thine only Son on the cross, didst deign to restore salvation to mankind, and who even now hast inspired thy handmaid Helena to seek for the blessed wood to which the author of our salvation was nailed, show clearly which it was, among the three crosses, that was raised for Thy glory. Distinguish it from those which only served for a common execution. Let this woman who is now expiring return from death's door as soon as she is touched by the wood of salvation."

The date of this discovery and miracle, according to one tradition, was May 3rd, 326 A.D. St. Helena had a church built on the original site of Jesus' crucifixion, burial, and resurrection, known as The Church of the Holy Sepulchre. Her son Constantine dedicated this church on September 13-14 in the year 335 A.D.

**Closure of Pedestrian Overhead Bridge**  
along Clementi Road near Ave 1  
**from 19 Sep 2017 to 8 Oct 2017**

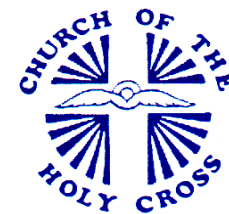
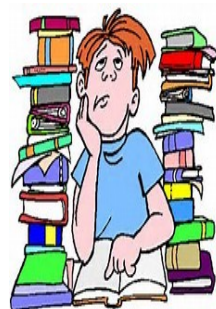
Pedestrians can temporarily use the signaled pedestrian crossing at Dover Road Junction to cross Clementi Road

**The Study Room**

Need a room to study?

Sec 3/4/5 students who need a place to study during 26 Aug to 1 Dec 2017 may use Room #04-01 which is made available for you.

Opening hour: Saturday: 9am - 2.30pm  
Sunday: 2pm - 7pm



# Church of the Holy Cross

450 Clementi Ave One Singapore 129955 [www.holycross.org.sg](http://www.holycross.org.sg)

*OUR MISSION: We strive to deepen our faith by knowing the Word of God, living it in love and service, thereby being witnesses of Christ.*

**16/17 September 2017**

## The Exaltation Of The Holy Cross

**First Reading**

Numbers 21:4-9

**Second Reading**

Philippians 2:6-11

**Gospel**

John 3:13-17

### Reflection

Jesus absorbed all the hatred, all the violence, all the evil that could be poured forth upon him. There was no worse execution than being executed on a cross. It was an instrument of hate, but Jesus responded only with love, the way of love. "I, when I am lifted up, will draw all people to myself." That's the way of Jesus.

That's the way that brings us fullness of life, absorbing hatred and evil, placing it within ourselves and never responding to evil with evil, never responding to hatred with hatred, but always responding to evil with good; responding to hatred with love.

That's the way we need to respond as a nation in the world. Because hatred only begets more hatred, every time you go to war, you always leave behind a trail of hatred and resentment that makes it all the more difficult to resolve the problems that provoked the war.

The only answer is the way of love, the way of Jesus. And that's what we learn from today's feast. When we exalt the cross, we're not exalting that instrument of hatred, violence and death; we're exalting how Jesus transformed that instrument into an instrument of love, goodness and life, and that's the way of the cross we must try to follow.

[Bishop Gumbleton preached at Stella Maris Parish in Egg Harbor, Wis.]



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### **MASS SCHEDULE**

#### **Weekdays:**

Lauds - 6.15am, Mass - 6.30am  
Vespers - 6pm, Mass - 6.15pm

#### **Saturday:**

Lauds - 6.15am, Mass - 6.30am  
Novena - 4.15pm  
Sunset Mass - 5pm  
Mandarin - 6.30pm

#### **Sunday:**

7.30am, 9.30am, 11.30am & 5pm  
Tagalog (Every 2nd Sun) - 2.30pm

#### **Public Holiday:**

Morning Mass @ 8am  
No Lauds before Mass

#### **P.A.R.I.S.H Holy Hour:**

Every 1st Friday at 8pm

#### **Prayer Room Opening Hours:**

Everyday - 7am to 10pm

#### **Sacrament of Reconciliation:**

15 minutes before evening Masses on Saturday and all masses on Sunday.

#### **Infant Baptism:**

**@12.45pm 1st Sunday of:**  
Jan, Mar, May, July, Sep & Nov.

#### **Funeral Arrangements:**

Please check with the Parish Office for the availability of the Priest and Church before confirming the timing for cremation or burial.

#### **Wedding:**

Please contact the Secretariat, at least six months before for availability of dates.

#### **Para Counselling Services:**

Call 63820688 from Monday-Friday between 10am - 5pm to make an appointment.

### **2nd Collection**

**1st week** of the month - for the Apostolate of St Vincent de Paul.

**3rd week** of the month - for GIFT Program of Catholic Foundation.



## **Christian Life Program For Couples**

Organised by couple for Christ

Invite all married couples to a spiritual Journey that helps to deepen your relationship with God and with your spouses.

**On Saturdays, starting from Sept 23 till Nov 18 at 6.30pm – 9pm.  
at Church of the Holy Cross, All Saints Hall (Basement)**

(Light dinner will be served and childcare will be provided for those with young children.)

For inquiries: Marlon (8511 2963) Joy (8511 2964)  
Ronnie (9670 2551) Pauline (9661 5137)



## **Christ@Work 2017**

by Catholic Business Network  
Theme: “Spiritual Leadership at Work”

The aim of this conference is to bring together working adults who often have to reconcile the challenges and the difficult dichotomy between working in the corporate world and living a Christ-centered Catholic life.

**Date:** Saturday 18 November 2017, **Time:** 8.30 am - 6.30 pm

**Venue:** Catholic Junior College Performing Arts Centre,

**Fees:** \$60 for individual; \$55 each for group bookings of more than 5 pax  
(Tickets include one year's membership at the Catholic Business Network)

**Contact:** Eunice Lim @ +65 83227828 (whatsapp available)

**Email:** interpret.consult@gmail.com

## **Charismatic Prayer Group**

**Come PRAISE and THANK the LORD with us  
on Tuesdays 7.45pm @ St. Michael Room at Level 1**



### Topics for Talks in September 2017

- 19 Sept: Embracing the Cross
- 26 Sept: Fellowship
- 3 Oct: Awareness: Self - Love Yourself
- 10 Oct: Awareness: Others - Love Your Neighbour (by Fr Vinay)
- 17 Oct: Awareness: God's Presence in Our Daily Lives
- 24 Oct: Fellowship
- 31 Oct: Awareness: Effect on Community Bonding

**\* All are welcome \***

**Infant Baptism**  
**Sunday, 5 November 2017**

**Preparatory Session:**  
**Sunday, 29 October 2017**  
**at 12.45pm @ St Michael Rm**  
**Registration close on 15 October**

\*Compulsory for parents & godparents\*

\*Please be on time\*



## **The Spirituality Of Growing Old**

by Sr Florence Wong (FMDM)

Organized by Golden Disciples

**Every Tuesday at 10am-11am  
@ St Michael's Room**

19 Sept - Nurturing our life

26 Sept - Living in Hope till the end

**All are welcome!**

## **Choice Weekend - To Know | To Love | To Serve**

**Choice SG** is a ministry for young adults aged 18 - 40 yrs old to re-look at their values and to live an alternative lifestyle based on gospel values.

**Date:** 29 Sep - 01 Oct 2017 (Friday evening to Sunday evening)

**Venue:** Choice Retreat House, 47 Jurong West Street 42, Singapore 649368

**Enquiries:** Hillary 9790 0537 or Francesca 9710 9680

**Register & Info:** <http://www.choice.org.sg>

**“It takes that 1 weekend to inspire you for the rest of your life.  
It is by the choices we make that we define what our life is all about.”**

Golden Disciples Presents:

## **Dynamic Breath Exercises**

**Every Wednesday: 9.15am-10.45am, at the Foyer**

- \* Breathe Right
  - \* Christian Meditation
  - \* Wellness of Body, Mind & Spirit.
- Coach: Nicholas Chia

Introduction Workshop on Wed 20 Sept @ 9.15am  
at St Michael Room (Basement)

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**Art Exhibition cum Sale of Artworks by members of Golden Disciples**  
**on Sunday, 17 Sept, at St Raphael's Room @8.30am-1pm**

**ALL ARE WELCOME!**



## **Caring For The Housebound In Our Parish**

Do you know of any elderly, sick parishioners or housebound who cannot attend Mass but would like to receive communion at home? You may assist them by registering their names and particulars at the Parish Secretariat.

Parish Secretariat @ 67775858 / email: [holycross@singnet.com.sg](mailto:holycross@singnet.com.sg)

Commissioned lay ministers would visit & assist them in reception of communion.