

September 14th is the feast day of the Exaltation of the Holy Cross, also known as the Triumph of the Cross or the Elevation of the Cross.

This is the day the Church celebrates both the discovery and the recovery of the true cross of Jesus Christ. There is a very interesting historical account surrounding this ancient feast day. The Roman Emperor Constantine's mother, St Helena, went on a pilgrimage to the Holy Land to locate where important events in the life of Jesus Christ occurred, and to preserve the relics of the Christian faith that remained there. One of her goals was to find the place of Jesus' crucifixion and the very cross on which he was hung. Through interviewing many locals, and with the assistance of the Bishop of Jerusalem, St Macarius, she discovered the spot and found the true cross which had been previously hidden by the Jews. According to the historian Rufinus, the identity of the true cross was confirmed by a miraculous healing after St Macarius recited this prayer:

"O Lord, who by the Passion of Thine only Son on the cross, didst deign to restore salvation to mankind, and who even now hast inspired thy handmaid Helena to seek for the blessed wood to which the author of our salvation was nailed, show clearly which it was, among the three crosses, that was raised for Thy glory. Distinguish it from those which only served for a common execution. Let this woman who is now expiring return from death's door as soon as she is touched by the wood of salvation."

The date of this discovery and miracle, according to one tradition, was May 3rd, 326 AD St Helena had a church built on the original site of Jesus' crucifixion, burial, and resurrection, known as The Church of the Holy Sepulchre. Her son Constantine dedicated this church on September 13-14 in the year 335AD.

LOVE LIFE CONFERENCE

Presented by Family Life
Pregnancy Crisis & Support

**Friday, 27 Sept 2019
from 7.15pm to 9.45pm**

Embrace Life!

Hear about the legal, medical and emotional aspects relating to the beginning of life, the options that all mothers have and the impact of abortion.

Event is complimentary,
register now bit.ly/lc_mail
or call 64880278.

(Light dinner will be provided.)



Church of the Holy Cross

450 Clementi Ave One Singapore 129955 www.holycross.org.sg

OUR VISION: To be a communion of communities with intentional disciples centred on Jesus Christ, commissioned to evangelize and to serve.

14&15 Sept 2019

***The Feast of
The Triumph of
the Holy Cross***

First Reading

Numbers 21: 4-9

Second Reading

Philippians 2:6-11

Gospel

John 3: 13-17

Reflection

BEING LIFTED UP

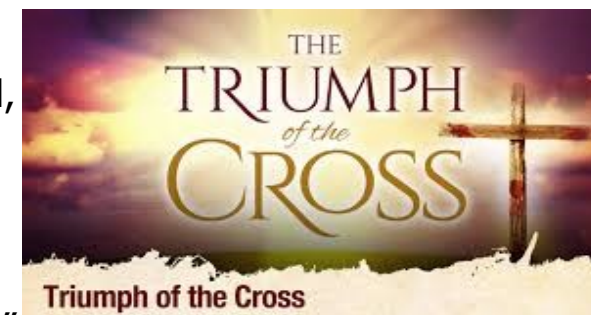
In today's Gospel, Jesus reminds Nicodemus how Moses had "lifted up the serpent in the desert."

Then Jesus says, "So must the Son of Man be lifted up, that all who believe may have eternal life in him." The evangelist clearly saw this "lifting up" of Jesus to mean his crucifixion.

That "lifting up" of the serpent by Moses is described in today's first reading. The people were attacked by "saraph serpents," and many died. God had Moses make an image of the serpent and put it on a pole and lift it up. The people who had been bitten looked at it and recovered.

Jesus "emptied himself, taking the form of a slave." Lifted up on the cross, he was despised and seemed the most abject of people. But it was in embracing this disgrace and painful death that he became the bearer of eternal life for all of us. His "lifting up" in shame was also his "lifting up" in glory and triumph.

Copyright © J. S. Paluch Co.



Fr. Henry Siew	henry.siew@catholic.org.sg	6777 1173
Fr. Robertus	robertito_doginho@yahoo.com	6776 1330
Fr. Gerard Victor	jerry.chcparish@gmail.com	6777 2523
Secretariat	holycross@singnet.com.sg	6777 5858
Fax		6773 5676

MASS SCHEDULE

Weekdays:

Lauds - 6.15am, Mass - 6.30am
Vespers - 6pm, Mass - 6.15pm
Lunchtime Mass - 12.15pm

Saturday:

Lauds - 6.15am, Mass - 6.30am
Novena - 4.15pm
Sunset Mass - 5pm
Mandarin - 6.30pm

Sunday:

7.30am, 9.30am, 11.30am & 5pm
Tagalog (Every 2nd Sun) - 2.30pm

Public Holiday:

Morning Mass @ 8am
No Lauds before Mass

P.A.R.I.S.H Holy Hour:

Every 1st Friday at 8pm

Prayer Room Opening Hours:

Everyday - 7am to 10pm

Sacrament of Reconciliation:

15 minutes before evening Masses on Saturday and all masses on Sunday.

Infant Baptism:

@12.45pm 1st Sunday of:
Jan, Mar, May, July, Sep & Nov.

Funeral Arrangements:

Please check with the Parish Office for the availability of the Priest and Church before confirming the timing for cremation or burial.

Wedding:

Please contact the Secretariat, at least six months before for availability of dates.

Para Counselling Services:

Call 63820688 from Monday-Friday between 10am - 5pm to make an appointment.

2nd Collection

1st week of the month - for the Apostolate of St Vincent de Paul.

3rd week of the month - for GIFT Program of Catholic Foundation.

NO CATECHISM CLASSES FOR ALL LEVELS



On 7 & 14 September (for Secondary)
On 8 & 15 (for Primary)

CLASSES WILL RESUME ON

21 September (for Secondary)
22 September (for Primary)

INVITATION TO BE A CHILDREN CATECHIST, ASSISTANT CATECHIST AND YOUTH FACILITATORS

To find out how you can be part of this exciting ministry of drawing our young people to Christ, please register your interest.

We will contact you to attend a meet-us session for you to find out more about us before you commit your registration with us. <https://tinyurl.com/HC-Catechist-Registration>



THEOLOGY OF THE BODY (TOB) CONFERENCE

Celebrate the 40th anniversary of the delivery of Pope St John Paul II's Teaching, Theology of the Body. Come and develop a greater understanding of sexuality, marriage and celibacy for the Kingdom, and the resources we have to tackle pornography in our Archdiocese.

Date: 26 October 2019 (Saturday)

Time: 9am to 4pm (Sunset Mass at 4pm)

Venue: St Joseph's Institution, Lecture Theatre 2 (38 Malcolm Road)

For more information, please visit tob.sg

THEOLOGY OF THE BODY (TOB) FOR BEGINNERS

Date: 28 October 2019 (Monday, Deepavali, Public Holiday)

Time: 9am to 5pm (Lunch and Light Refreshments Provided)

Venue: CANA, The Catholic Centre (55 Waterloo St)

For more information, please visit tob.sg

GIFT PROGRAM OF CATHOLIC FOUNDATION

This weekend, being the 3rd weekend of the month, there will be a second collection to receive your monthly pledges and contributions for the GIFT (Giving in Faith & Thankfulness) campaign to support the organisations and projects of the archdiocese. More info is available at gift.catholicfoundation.sg.



PARISH EMERGENCY PREPAREDNESS PLAN

KEEPING VIGILANT IN CHURCH

In this Season of Peace and Love, let us be mindful of our responsibility for each other, and remain vigilant of acts against Love.

Please remember - If there is an emergency, remain calm and listen to the instructions of the wardens. Take note of the emergency exits closest to you. Watch the "Safety Announcements" slideshow before the Mass and take note of where **Assembly Area A** and **Assembly Area B** are.

INDISCRIMINATE PARKING **along Clementi Ave 1 during church services.**



LTA WARNS: DO NOT park your car

- a. within 3 meter fire hydrant, 6 meter junction and 9 meter bus stop,
- b. at road bends, entrances or exits of any access,
- c. at zebra-controlled areas.

Parishioners are encouraged to park your car within Casa Clementi car park.

LTA warns that fine and demerit points will be issued without hesitation if vehicles found parking indiscriminately along Clementi Ave 1.

THE CHRIST@WORK CONFERENCE

Monday, 28 October 2019, 8.30am - 6pm at Singapore Conference Hall.

The theme for this year's conference is **"Connecting Faith+Work"**.

The conference is targeted at working professionals and those interested to see how we can live out our Catholic faith in the work place.

Enquiry: admin@cbn.sg/ or tel: 6801 7491

HOLY CROSS CHARISMATIC RENEWAL MOVEMENT

Come SING PRAISES, THANK the LORD and PRAY for healing with us.
on Tuesdays 7.45pm @ All Saints Hall, Level 1

TOPICS FOR TALKS IN SEPTEMBER & OCTOBER 2019

- 17 Sept Growth – Faith (Terrence Francisco)
- 24 Sept Growth – Guidance (Bonaventure Lek)
- 1 Oct Growth – The World & Christian Community
- 8 Oct Growth – Overcoming The Flesh



CROSSWORDS OFFERS DISCOUNT

In conjunction with our feast day, Crosswords is offering 10% discount on all purchases in the month of September.

