

每周向教堂捐献

自2020年2月15日起，总教区已经暂停公开举行弥撒。教友可通过 YouTube 和 CatholicSG 广播电台参与弥撒。

鉴于堂区仍需要资金来进行教堂的一般运作和维修，本堂主任萧永伦神父恳请教友们慷慨解囊和给予支持，继续在这段非常时期通过电子银行转账，使用PayNow每周向教堂捐献。

使用这个银行服务之前，您需要做的步骤如下：

- 1: 选择银行转账
- 2: 输入堂区的注册 - UEN # T08CC4054D
- 3: 确定名称 - Church of the Holy Cross
- 4: 输入捐献金额
- 5: 输入备注 - Mass Collection

您也可以把支票投入/邮寄到堂区秘书处，或将现金捐献投入圣堂的捐款箱中。再次感谢您的慷慨捐献。天主保佑。

2020年全国慕道团甄选礼

3月8日(主日) 2pm在圣十字架堂举行，由慕道团总神师萧永伦神父主持。
请为候洗/候选者祈祷：恳求天主圣神坚定他们对主的信赖，领悟圣洗是天主赐予的礼物，是通向幸福永生之路。

教宗方济各：拜苦路的益处

苦路善功是丰富、深奥和充满意义的，是敬礼耶稣苦难最好的一种祈祷操练。

1. 苦路是将我们的信赖寄托在主内：基督的十字架蕴藏着天主的爱，在那里我们找到救恩和希望。
2. 苦路让我们置身于耶稣的情景：耶稣问：“你想要帮我背负十字架吗？你想要成为什么人呢，像比拉多、西满或玛利亚？”你要怎样回应耶稣？
3. 苦路是耶稣与我们一起受苦：基督忍受了人类的痛苦和罪恶，以张开的双臂接受了这一切。
4. 苦路催迫我们作出行动：十字架教导我们要以仁慈和温柔来对待他人，尤其是那些遭受痛苦、急需帮助的人。
5. 苦路帮助我们在接受和反对基督间作出抉择：天主绝不谴责，祂仅仅爱和拯救。
6. 苦路揭示了天主对世界邪恶的回应：十字架充满着爱、仁慈和宽恕。
7. 苦路肯定天主对我们的爱：“基督爱了我们，且为我们把自己交出。”(弗5:2)
8. 苦路引导我们从十字架走向复活：基督已经战胜了死亡，来给予我们希望和永生。

让我们成为一个谦卑的同行者，跟随基督走上祂苦难的十字架道路。【来源：梵蒂冈新闻网】



圣十字架堂

450 Clementi Ave 1 Singapore 129955

堂区愿景：成为一个以基督为中心，有共融灵修的团体群，成员做为刻意门徒，被派遣去福传和侍奉。

2020年2月29/3月1日 四旬期第一主日

读经一：创世纪 2:7-9, 3:1-7

读经二：罗马书 5:12-19

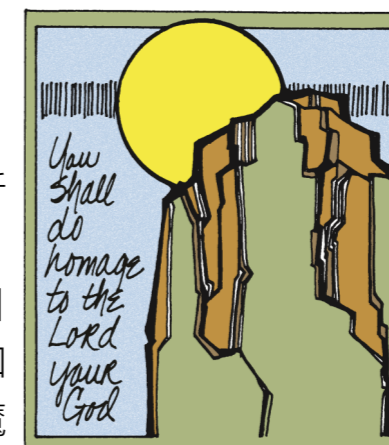
福音：圣玛窦 4:1-11

福音与我

三退魔诱

四十昼夜耶稣在旷野里禁食和祈祷，魔鬼以物力、神力和权力，接二连三的试探，诱惑耶稣把目标远离天主。耶稣以天主圣言和祈祷，增强了克敌的定力，使魔鬼无法得逞。

世俗生活中，钱财、地位和权势的诱惑无所不在，任何人都会被试探。原祖因受不了诱惑而犯错，背弃了天主。基督徒同样会面对不同的挑战和试探，任何阻挡或转移目标就是诱惑。我们应信从耶稣是天主子，以信德和天主圣言，战胜人生旷野的各种诱惑，方能肖似基督，分享祂永恒的生命。(参考2020每日圣言)



福音反思

- 1) 面对试探时，我要效法耶稣以圣言和祈祷加强信仰的定力。
- 2) 我跟随耶稣的目标是什么？

圣言金句

“你要朝拜上主，你的天主，唯独事奉祂。”
(玛 4:10)

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|-----------------------------|-----------|
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| 传真机 | 6773 5676 |

弥撒时间

平日弥撒：6.30am 及 6.15pm
午间弥撒：12.15pm

周六黄昏：4pm 九日敬礼，
4.45pm(英语)，6.30pm(华语)

主日弥撒：7.30am, 9.30am,
11.30am 及 5pm

公共假日：8am，无黄昏弥撒

周五圣时：每月第一个周五 8pm

圣体室开放：每天 7am-10pm

和好圣事：周六及主日所有弥撒
开始前15分钟

婴儿洗礼：每逢1月/3月/5月/7月/
9月及11月的第一个主日, 12.45pm

殡葬：请与堂区秘书处联系有关
葬礼及神父等的安排

婚礼：请在婚礼前6个月联系堂区
秘书处有关教堂的预订事宜

辅导咨询服务：请于周一至周五
10am-5pm 拨电：63820688 预约

第二次收捐：第一主日为圣文生
善会。第三主日为天主教基金会。

HOLY CROSS CHARISMATIC RENEWAL MOVEMENT

Come SING PRAISES, THANK the LORD and PRAY for healing with us.
on Tuesdays 7.45pm @ All Saints Hall, Level 1

TOPICS FOR TALKS IN MARCH AND APRIL 2020

"Help Build Our Church with the Charismatic Gifts of the Holy Spirit" 1 Cor 12

- 3 Mar: **Gift of Prophecy** by Gerard & Jessica Francisco
- 10 Mar: **Gifts of Wisdom and Knowledge** by Gerard & Jessica Francisco
- 17 Mar: **Discernment of Spirits** by Gerard & Jessica Francisco
- 24 Mar: **Faith and Miracles** by Gerard & Jessica Francisco
- 31 Mar: **Prayer for Healing** by Gerard & Jessica Francisco
- 7 Apr: **Fruit of the Spirit** by Gerard & Jessica Francisco

All are welcome!

*Praise
and give thanks to
the
Lord*



Church of the Holy Cross

450 Clementi Ave One Singapore 129955 www.holycross.org.sg

OUR VISION: To be a communion of communities with intentional disciples
centred on Jesus Christ, commissioned to evangelize and to serve.

29 Feb & 1 Mar 2020

First Sunday
Of Lent

First Reading
Genesis 2:7-9; 3:1-7

Second Reading
Romans 5:12-19

Gospel
Matthew 4:1-11

MASS SCHEDULE

Weekdays:

Lauds - 6.15am, Mass - 6.30am
Vespers - 6pm, Mass - 6.15pm
Lunchtime Mass - 12.15pm

Saturday:

Lauds - 6.15am, Mass - 6.30am
Novena - 4pm
Sunset Mass - 4.45pm
Mandarin - 6.30pm

Sunday:

7.30am, 9.30am, 11.30am & 5pm
Tagalog (Every 1st Sun) - 2.30pm

Public Holiday:

Morning Mass @ 8am
No Lauds before Mass

P.A.R.I.S.H Holy Hour:

Every 1st Friday at 8pm

Prayer Room Opening Hours:

Everyday - 7am to 10pm

Sacrament of Reconciliation:

15 minutes before evening Masses
on Saturday and all masses on
Sunday.

Infant Baptism:

@12.45pm 1st Sunday of:
Jan, Mar, May, July, Sep & Nov.

Funeral Arrangements:

Please check with the Parish Office
for the availability of the Priest
and Church before confirming the
timing for cremation or burial.

Wedding:

Please contact the
Secretariat, at least six months
before for availability of dates.

Para Counselling Services:

Call 63820688 from Monday-Friday
between 10am - 5pm to make
an appointment.

2nd Collection

1st week of the month - for the
Apostolate of St Vincent de Paul.

3rd week of the month - for GIFT
Program of Catholic Foundation.

CHILDREN CATECHISM NEWS CHANNEL

Join the Primary Catechism News channel to receive notices
and news about our parish activities and catechism information
for you and your family.

Scan the QR code or <http://bit.ly/hc-cat-news> to join our channel.
First you must join Telegram, in the same way you have Whatsapp.



DONATION BY CORPORATE PAYNOW

Dear Parishioners,

As you are aware, public masses in our Archdiocese have been temporarily
suspended since 15 Feb 2020. Masses have been broadcast on Youtube and
CatholicSG Radio.

As the parish will still need funds for the general operations and maintenance
of the church, we seek your kind generosity and support to continue making a
weekly donation to the Church by electronic bank transfer using PayNow at
the current time.

- Here is what you need to do:
- Step 1: Select bank transfer
 - Step 2: Key in Parish **UEN # T08CC4054D**
 - Step 3: Check Name - **Church of the Holy Cross**
 - Step 4: Key in amount
 - Step 5: Key in Ref - Mass Collection

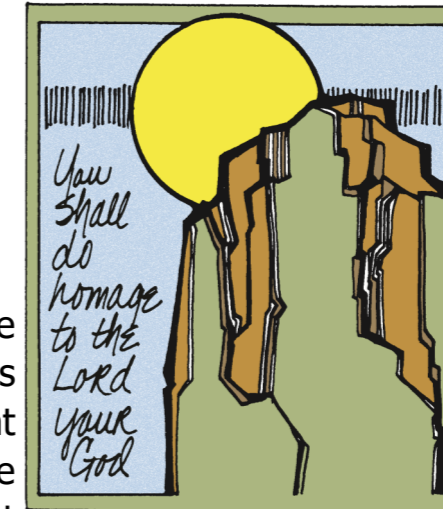
Alternatively, you can issue a cheque and mail it to the Parish Office. If any
parishioner choose to give cash, please drop the cash in the existing donation
box at the Parish.

Thank you once again for your generosity. God bless.

Parish Priest,
Fr Henry Siew

REFLECTION

STRENGTH AGAINST TEMPTATION



The first Sunday of the season of Lent always includes a Gospel account of the temptation of the Lord Jesus in the desert by the devil. This year, the story is set against the backdrop of the first reading from Genesis, which recounts the very first temptation by the devil. That story is set in a garden of delight. The Gospel story is set in the desert. As believers, we know that temptation comes our way in our own gardens of delight as well as the deserts of our lives. As Lent begins, our attention is drawn to that temptation within each of us to become like God—we want control, power, and answers to all of life's difficult questions. As communities of faith, we are given this season of repentance so that we can join our hearts with others on the difficult journey of conversion. We look to God and to one another for strength against temptation. Copyright © J. S.

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